



woman's co-op

## Life Enrichment Schedule: Spring 2024

Class / Instructor	Day	Time:	Start date:	End date:
Nurturing Parent – Teresa Momenée Young <a href="mailto:teresamomenée@womanscoop.org">teresamomenée@womanscoop.org</a>	Wednesday	10:00 am to noon	February 21, 2024	March 27, 2024
Nurturing Parent – Dylan Rank <a href="mailto:dylanrank@womanscoop.org">dylanrank@womanscoop.org</a>	Tuesday	11:00 am to 1:00pm	February 7, 2024	March 13, 2024
		11:00 am to 1:00 pm	March 20, 2024	April 24, 2024
	Wednesday	11:00 am to 1:00 pm	March 20, 2024	April 24, 2024
	Tuesday	1:00 pm to 3:00 pm	March 20, 2024	April 24, 2024
	Wednesday	4:00 pm to 5:30 pm	February 14, 2024	March 20, 2024
	Tuesday	3:00 pm to 4:30 pm	May 8, 2024	June 12, 2024
Nurturing Parent – Teresa Momenée Young <a href="mailto:teresamomenée@womanscoop.org">teresamomenée@womanscoop.org</a>	Wednesday	11:00 am to 1:00 pm	April 3, 2024	May 8, 2024



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Nurturing Parent – Dylan Rank <a href="mailto:dylanrank@womanscoop.org">dylanrank@womanscoop.org</a>	Tuesday	11:00 am to 1:00 pm	May 15, 2024	June 19, 2024
Keeping Families Together – Valerie Whitney <a href="mailto:valeriewhitney@womanscoop.org">valeriewhitney@womanscoop.org</a>	Tuesday	11:00 am to Noon	February 20, 2024	March 26, 2024
Keeping Families Together – Valerie Whitney <a href="mailto:valeriewhitney@womanscoop.org">valeriewhitney@womanscoop.org</a>	Tuesday	2:00 pm to 3:00 pm	April 9, 2024	May 14, 2024
Keeping Families Together – Tasha Hale <a href="mailto:tashahale@womanscoop.org">tashahale@womanscoop.org</a>	Wednesday	Noon to 1:00 pm	February 21, 2024	March 27, 2024
Keeping Families Together – Valerie Whitney <a href="mailto:valeriewhitney@womanscoop.org">valeriewhitney@womanscoop.org</a>	Tuesday	10:00 am to 11:00 am	May 21, 2024	June 25, 2024
Keeping Families Together – Tasha Hale <a href="mailto:tashahale@womanscoop.org">tashahale@womanscoop.org</a>	Thursday	4:00 pm to 5:00 pm	April 18, 2024	May 23, 2024
Resiliency – Tasha Hale <a href="mailto:tashahale@womanscoop.org">tashahale@womanscoop.org</a>	Wednesday	9:00 am to 11:00 am	March 27, 2024	May 29, 2024
Resiliency – Teresa Momenée Young <a href="mailto:teresamomenée@womanscoop.org">teresamomenée@womanscoop.org</a>	Thursday	4:00 pm to 6:00 pm	April 11, 2024	June 13, 2024